



CMC NEWSLINE

DECEMBER 27, 2021

New Year Message

It is said that “An optimist stays up until midnight to see the New Year in; a pessimist stays up to make sure the old year leaves (William E Vaughan).” Keeping the optimist and pessimist aside, the end of one phase and the beginning of a new one is relevant for all who wish to put the pain and suffering behind and herald a new year with anticipation. Despite the challenges that we faced in 2021, we were able to experience God’s grace as individuals and as an institution.

The passage from Isaiah 54:10 is appropriate for the times and reassuring. “Though the mountains be shaken and the hills be removed, yet my unfailing love for you will not be shaken nor my covenant of peace be removed,” says the Lord, who has compassion on you.” Psalm 27:5 also assures us that “...in the time of trouble he shall hide me in his pavilion: in the secret of his tabernacle shall he hide me; he shall set me up upon a rock.” These passages talk about situations during which we can continue to experience the unfailing love of God, his protection, the ever present covenant of peace that passes all understanding and the enduring compassion of God. In addition to the comforting assurances, the song writer Johnson Oatman also exhorts us to count our blessings during difficult times.

*When upon life’s billows you are tempest tossed,
When you are discouraged thinking all is lost,
Count your many blessings name them one by one
And it will surprise you what the Lord has done*

As the pandemic unfolded with its immeasurable suffering, it was heartening to see the response of the staff who went the extra mile to provide care to the throngs of patients who came to us. This continued even after the second wave of the pandemic as patients who were waiting to access healthcare presented in large numbers, often with more advanced disease. The creation of additional beds and operating theatres helped meet the demands placed on us.

As we look forward to the New Year, I wish to present an inspirational quote. “Be like a tree. Stay grounded. Connect with your roots. Turn over a new leaf. Bend before you break. Enjoy your unique natural beauty. Keep growing (Joanne Raptis).”

I am confident that CMC will continue to be a home of transformation since “It is the Lord who goes before us. He will be with us; he will not leave us or forsake us. We do not need to fear or be dismayed (Deut 31:8, paraphrased).”

Have a blessed New Year 2022!

Dr. J.V. Peter
Director

15th Annual National Conference of the Indian Society of Toxicology

CMC was awarded the “Excellence Award for Management of Poisoning by a Hospital” at the 15th Annual National Conference of the Indian Society of Toxicology, held from 10th 12th December 2021, in Madurai, Tamil Nadu. Instituted by the Indian Society of Toxicology and the Indian College of Emergency Medicine, the Award aims to promote toxicology care, training and research.



Illustrative examples of how hospitals have responded to toxicological challenges in their regions; contributed to toxicology; upheld standards of quality and safety in poisoning care and achieved important milestones in developing toxicological services, were used as judging criteria.

The entry from CMC highlighted the recently established Poison Control Center and plasma exchange therapy for Yellow Phosphorus and Metal Phosphide (YPMP) poisoned patients with acute liver failure, as case-examples where the Institution responded to crucial challenges in toxicology-related healthcare delivery with an aim towards improving the quality of poisoning care both, for its own patients and those being treated in centers across India.



Dr. Amith Balachandran, Senior Registrar, Clinical Toxicology Unit and Poisons Information Center, Department of Medicine Unit - I was awarded the First Prize for the Best Oral Paper Presentation. Dr. Mohan Jambugulam, Assistant Professor, Clinical Toxicology Unit and Poisons Information Center, Department of Medicine Unit-I, was awarded the First Prize for Best Poster Presentation and Second Prize in the Toxicology Quiz Competition.

We congratulate all prize winners and every Department involved in the care of patients with toxicological problems. We also sincerely hope that the conferment of the Excellence Award would serve to encourage us to work unitedly as an Institution towards the ultimate goal of reducing poison deaths and morbidity in our region and across the country.

Workshop on Medical Negligence organised by the Department of Forensic Medicine

The Departments of Forensic Medicine, Continuing Medical Education and the Associate Director, HR jointly conducted a Workshop on Medical Negligence, on 4th December, 2021. Consultants from a range of clinical departments participated in the program. The faculty from the Department of Forensic Medicine covered topics such as ‘Introduction to Medical Negligence’, ‘Procedure Followed in Medical Negligence Cases’, ‘Landmark Judgments in Medical Negligence’, and ‘Psychological Impact of Allegations of Medical Negligence Among Doctors’.

Representatives from the Directorate, the Medical Superintendent’s office and from the Legal Cell joined the faculty of Forensic Medicine in responding to the questions and clarifications requested by the participants during the plenary session. The Department of Continuing Medical Education thanks Dr. Mousumi Sen, Dr. M.J. Paul, Dr. Rajesh I., Dr. Latif Rajesh Johnson, Dr. Ranjit Immanuel James, Dr. Daniel Manoj, and staff from the Legal Cell, Telemedicine and Curriculum Office for making the programme possible.

CME on Approach to Mood Disorders

The CME on Approach to Mood Disorders held on December 11, 2021, was organised for clinicians in non-psychiatric settings. Physical illness is often associated with psychological morbidity, and many patients with psychiatric illnesses will not reach a psychiatrist, and the talks, 'The Manic Patient' (Dr. Jibi Achamma Jacob), The Sad Patient (Dr. Deepa Ramaswamy), The Anxious Patient (Dr. Suja Kurian) and the Angry Patient (Dr. Abigail R. Gojer) provided practical information on understanding, identifying and responding to such clinical situations. The CME was moderated by Dr. Deepa Ramaswamy, Professor of Psychiatry and Dr. Reena George, Professor, Dept. of Continuing Medical Education. We thank Dr. Paul Russell and the Department of Telemedicine for their support.



Heritage lecture by Dr. Mohan Rao

The Departments of Urology and Nephrology in CMC have contributed to a number of national firsts. The first dialysis in India was done in CMC Vellore in May 1961 under the leadership of Dr. P. Koshy, Professor of Medicine. This was followed by the first successful kidney transplantation in India on 2nd February, 1971. At a Heritage Lecture on November 20, 2021, Dr. Mohan Rao (MBBS Batch of 1955 and Retired Senior Consultant Transplant Surgeon, Queen Elizabeth Hospital, Adelaide, Australia) recounted the story of that surgical milestone. The surgeries on the donor and the recipient were performed in two theatres in the old operating room complex, where the cardiology offices are now located. A corner room in the M Ward served as the transplant ward. Dr. K.V. Johny headed the Nephrology team.

Dr. Mohan Rao also recounted his experience with developing laparoscopic donor nephrectomy in Australia and the introduction of this technique to India. The first laparoscopic donor nephrectomy in India was performed at Vellore on April 9, 1999. CMC Archives and Continuing Medical Education Departments thank Dr. Mohan Rao and Dr. Antony Devasia (Professor and Former Head of Urology) for participating in the Heritage Lecture, 'The Journey to the First Successful Renal Transplantation in India.'

Events from Medical Education Department

The NMC – 20th Revised Basic Course Workshop for In-house CMC faculty from 30th November – 2nd December 2021 and 21st Revised Basic Course Workshop for In-house CMC faculty from 6th – 8th December 2021 were conducted by the Nodal Centre, Medical Education Department (MED)

Fifty nine participants (42 professors, 12 associate professors and 5 assistant professors) from In-house CMC faculty, Vellore participated in the Revised Basic Course Workshops. The objectives of the programme is to sensitize the participants to the implementation of the Competency Based Medical Education to enable faculty to work in small groups, to write objectives, design teaching-learning methods, Choose the write assessment methods of clinical and practical skills, to give effective feedback to students and to demonstrate the ability to use the Attitude, Ethics and Communication (AETCOM) Module which is to be implemented as per NMC Directives.

Dr. Margret Shanthi started with a prayer and meditation, Dr. Vinay T. Oommen, the Vice-Principal (UG), welcomed the participants. Dr. Dhayakani Selvakumar proposed the Vote of thanks. The Revised Basic Course Workshop were facilitated by the MED faculty and were interactive and interesting with active participation.



Events from Medical Education Department

The MED would like to thank Dr. Dhayakani Selvakumar, Dr. Margaret Shanthi, Dr. Sudha Jasmine, Dr. Reena George, Dr. Shantidani Minz, Dr. Surekha V., Dr. Vinod Abraham, Dr. Uday Zachariah, Dr. Sowmya S., Dr. Sathishkumar T., Dr. Vinay Oommen, Dr. Tripti Jacob, Dr. Sudhir Babji, Dr. Vandana Kamath, Dr. Rajat Raghunath, Dr. Emily Divya Ebenezer, Dr. Prakash S. S., Dr. Latif Rajesh and Dr. Audrin Lenin for all their contribution towards the successful conduct of the Revised Basic Course Workshops.



December 26, 2021 - January 01, 2022

SPECIAL PRAYERS THIS WEEK

Special Programme for Advent & New Year 2021-2022

December 31, 2021	Watch Night Service	11.30 pm	Scudder Auditorium
Friday	Watch Night Service	11.30 pm	Hospital Chapel
January 01, 2022	Regional Language Services		Hospital Chapel
Saturday			

Plastic Surgery :

Dr. Shashank Lamba and Staff
Dr. Ashish Kumar Gupta and Staff
Dr. Bala Seetharaman and Staff

Ladies' Intern Quarters

Warden : Dr. Suma Susan Mathews and staff

Vellore Good Samaritan Canteen :

Ms. K.L. Jhenefer and staff

Kolhapur Church Council

Council Member : Rev. Ramesh Ramchandra Mohite

Men's Intern Quarters

Warden: Dr. Rajiv Michael and staff

Miraj Medical Centre, Maharashtra

Council Member : Dr. Nathaniel Sase

Congratulations!

- **Dr. Sahana Punneshtetty** won second prize in e-paper presentation titled "Audit of Advanced Ovarian Cancer Management in Gynaecological Oncology department as per ESGO updated 2020 guidelines", in MAXCON 2021 held on 17th to 18th September, 2021 on Virtual platform.
- **Dr. Alka Dahiya** won Best Oral Paper Award in e- paper presentation titled "Endometrial cancer: molecular analysis and clinicopathological correlation: A pilot study in the 28th AGOICON 2021 (on Virtual platform) held between 12th to 14th November 2021 at Tata Medical Centre, Kolkata.
- **Dr. Monica T.** won 2nd prize in Interactive poster presentation titled "A Closed Loop Audit of the Compliance of Gynaecologic Oncology Centre to ESGO Quality Indicators for Cervical Cancer" in the 28th AGOICON 2021 (on Virtual platform) held between 12th to 14th November 2021 at Tata Medical Centre, Kolkata.
- **Dr. Raji P.S.** won 2nd prize in Interactive poster presentation titled "Invasive Cervical Cancer and Vulvar and Vaginal Precancer and Cancer in the AOGIN 2021 (on Virtual platform) held between 3rd - 5th December 2021.
- **Dr. A. Reuben Jerrald Felix**, final year PG Registrar, Department of Geriatrics, has won the 2nd prize for his paper presentation "IS HANDGRIP STRENGTH A USEFUL TOOL TO DETECT SLOW WALKING SPEED IN OLDER ADULTS" at the 18th Annual Conference of Indian Academy of Geriatrics (IAG), held at Warangal on 19th December, 2021.

Congratulatory!

- **Dr. Ajish Sam George** won the first prize in oral paper presentation in recently concluded 4th annual neurocritical care conference 2021. He won the award for his paper titled " Adherence to head end elevation in traumatic brain injury: An audit".
- **Dr. Ashish Goel**, Professor, Department of Hepatology was awarded his PhD, during the 34th annual convocation of the Tamil Nadu Dr. M.G.R. Medical University held on 20th December, 2021 at Chennai. Title : "Clinical Profile and Pathogenesis of Idiopathic Non-cirrhotic Intra-Hepatic Portal Hypertension (NCIPH)".

Obituaries

- **Mr. S. Sathiya Satchi**, father of Mrs. Freeta Faith, Medical Assistant, M.S.Office, father-in-law of Y. Isravel, Staff Nurse, Occupational Therapy passed away on 19th December, 2021. Our thoughts and prayers are with the bereaved members of the family at this time.
- **Dr. A. J. Anandan**, father of Dr. Shalini Anandan and Father in law of Dr. Niranjana Thomas on 21st December 2021 in Bangalore. Let us uphold his wife Mrs. Leela Anandan and all the bereaved members of the family in our prayers.
- **Mr. Jeyahar**, Medical Gas Department, passed away on 24th December 2021. Let us uphold his wife, Mrs. Shanthy, daughters Ms. Rashika, Ms. Jebika and all the bereaved members of the family in our prayers.
- **Dr. Christopher Satishkumar Sundaresan** (MBBS batch of 1992) passed away on 7th December, 2021 at Danville, Pennsylvania, USA. Dr. Christopher was born on March 9, 1975 to Mr. Richard Sundaresan and Mrs. Priya Richard in Chennai, India. After he graduated from Christian Medical College, Vellore, India in 1998, he went on to do dual masters in MHA and MBA at Arizona State University in 2002. He was an outstanding academician. After graduation, he primarily served as a physician and in health administration.



Dr. Christopher was a man of faith who was passionate about Jesus, a man who feared God. He loved teaching God's word at Sunday School. His family remembers him as loving, generous, forgiving, funny – he always liked to crack jokes, a force behind his family flourishing in their interests and desires, and a planner who was so thoughtful of what his family needed. Dr. Christopher is survived by his wife Dr. D. Agnes Sweetlin Hepsibah, children Gyovanna and Isaiah, parents, and his brother Patrick and his family.

For the Lord is always good. He is always loving and kind, and his faithfulness goes on and on to each succeeding generation - Psalm 100:5 (TLB).

For those who would like to contact the family, the details of his father are given below:

Mr. Richard Sundaresan, Mobile : +91-9884304580. Email : richardsundaresan@gmail.com

You could also leave a note for the family at this link : <https://www.krinerfuneralhomes.com/obituaries/christopher-sundaresan-1> Our thoughts and prayers are with the bereaved members of the family at this time.

Situations Vacant

1. Senior Resident / Assistant Professor with M.S. (E.N.T) for the Department of E.N.T. Unit-V

Desirable : 2 years work experience - preference will be given for those who have experience in laryngology.

Salary : As per institutional rules. Accommodation Provided (Partly Furnished, Depending of availability).

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link: "Vacancies". **Hard Copies and emails will not be accepted.**

Applications will close by **January 03, 2022** for Item 1.

2. Medical Research Assistant for the Department of Gynaecologic Oncology

Job Code : 1399

Qualification : M.B.B.S. / M.B.B.S. and above. Mode of Appointment : Project Mode.

Salary : As per institutional rules. Accommodation not provided.

Applications to be done only through online application system. Please log on to <http://www.cmch-vellore.edu>

Link : "Vacancies". **Hard Copies and Emails will not be accepted.** Applications will close by **December 31, 2021** for Item 2.